

# SYSTEMIC LUPUS ERYTHEMATOSUS; CORRELATION OF AUTOANTIBODIES WITH CLINICAL MANIFESTATIONS

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## ABSTRACT

**Objective:** To correlate positivity of auto-antibodies with clinical manifestations of systemic lupus erythematosus in Algerian population.

**Methodology:** This retrospective multicenter study was carried out on 203 Algerian patients with systemic lupus erythematosus, diagnosed according to the American College of Rheumatology and SLICC criteria, from January 2006 to December 2019 in the University Hospital of ORAN region (EHUO) and the Abdelkader Hassani University Hospital of Sidi Bel Abbes region (CHU-SBA), west of Algeria. The study assessed the clinical characteristics and the profile of the auto-antibodies. The detection of antinuclear antibodies was carried out by indirect immune-fluorescence technique, anti-DNA and anti-cardiolipin antibodies using immune-enzymatic technique and nuclear antigens extractable by immunodot.

**Results:** The mean age of symptoms onset was  $29.47 \pm 11.24$  years and the sex ratio of female to male was 9.68 : 1. The frequency of most clinical manifestations was 75.9%, 71.4% and 71.9% for rheumatological, dermatological and haematological disorders respectively. In total, about 25% of the cases had lupus nephropathy. The positivity of antinuclear antibody (ANA) was found in 94.8% of cases, anti-DNA (66.1%), anti-Sm (32.7%), anti-RNP (21.8%), anti-SSA (38.5%) and anti-SSB (18.4%). A significant correlation was found between these auto-antibodies and clinical manifestations of SLE ( $p < 0.05$ ), in particular with anti-DNA, anti-Sm, anti-RNP and anti-SSA.

**Conclusion:** Anti-DNA and anti-Sm antibodies strongly correlate with clinical manifestations and lupus nephropathy. The high frequency of anti-SSA antibodies in the Algerian population gives them a significant predictive value for the diagnosis of SLE.

**Key Words:** Auto-antibodies, Algeria, Systemic lupus erythematosus

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## INTRODUCTION

Systemic lupus erythematosus (SLE) is a prototype of organ non-specific inflammatory autoimmune diseases. Typified by a female predominance and heterogeneous etiologies, the clinical and serological expression of lupus disease varies from one population to another, it is characterized by a dysfunction of the activity of the immune system and the production of a wide variety of auto-antibodies (AAc) directed mainly against nuclear antigens; some of which have a direct pathogenic role<sup>1</sup>. Auto-antibodies used for diagnosis, correlate with clinical manifestations and provide important information for prognosis<sup>2</sup>. The antinuclear antibodies (ANA) are the most prevalent, occurring in approximately 95% of lu-

pus patients. Some antibodies are useful for diagnostic purposes, like ANA, anti-ds DNA, anti-Sm and anticardiolipin antibodies (aCL). While other antibodies are associated with certain clinical features (anti-ds DNA with nephritis<sup>3,4</sup>, anti-Ro antibodies with cutaneous lupus and photosensitivity, aCL antibodies are associated with pregnancy loss and thrombosis and anti-Sm antibodies have shown associations with constitutional symptoms<sup>5</sup>, lupus nephritis<sup>3,6</sup> and central nervous system disease<sup>7,8</sup>.

Algerian studies on systemic lupus erythematosus epidemiology and more specifically on the prevalence of different auto-antibodies and their clinical significance are scarce. The objective of this study was to present a detailed analysis of 203 Algerians lupus patients and determine the correlation between serological markers

(AAC) and the various clinical manifestations and to look for possible associations of autoimmune disease (AID) in a group of Algerian lupus.

## METHODOLOGY

This was a retrospective multicenter study of 203 patients with SLE, carried out over a period of 13 years (January 2006 to December 2019) in two Western Algeria hospitals: the University Hospital of ORAN region (EHUO) and the University Hospital Abdelkader hassani of Sidi Bel Abbes region (CHU-SBA). All patients were Algerian, adults, and met the criteria for the diagnosis as laid by American College of Rheumatology (ACR), 1997<sup>9</sup>. These patients were actively followed in the internal medicine departments. Patients under the age of 16 were excluded because they were followed by a different medical team.

The study was approved by local ethics committee of the University Hospital. A clinical information sheet was established for each patient, recording of the demographic characteristic such as sex, age and clinical findings including managements like laboratory assessment. The immunology department of the Oran University Hospital took a blood sample from each patient. After centrifugation, the serum obtained was divided into several aliquots and stored at -20°C until the day of analysis. The sensitivity and specificity of the different tests used for the detection of auto-antibodies can vary widely from study to study. The search for ANA was done by the indirect immune-fluorescence technique (IFI) on rat liver section. In case of negativity, the analysis was carried out on a more sensitive substrate, Hep-2 cells were used (human epithelial cell line type 2) (Diagnostic Pasteur-Biorad®, France). The ELISA-type immune-enzymatic technique (Binding site®, United Kingdom) was used to assay anti-DNA antibodies (native) and anticardiolipin antibodies (aCL) of isotype IgG and IgM. The search for anti-nucleosome antibodies as well as for extractable nuclear antigens (anti-ENA) such as anti-Sm, anti-RNP, anti-SSA and anti-SSB was carried out by the immunoenzymatic technique of the immunodot type (Alphadia Diagnostic®, Belgium). Patients with 24 hours proteinuria >0.5 g, underwent a renal biopsy puncture (RBP). Histological lesions were classified according to the WHO classification<sup>10</sup>.

In statistical analysis SPSS v. 22 was used, patients' characteristics of numerical variables were presented as means and standard deviation and as frequencies and percentages for categorical variables. To cross study, the categorical variables were tested using Pearson's Chi-Square test ( $\chi^2$ ) with Fisher correction as and where needed. Significance was retained for values of  $p \leq 0.05$ .

## RESULTS

Out of total, 184 were women (90.6%) and 19 men

(9.4%). The mean age of attack was  $29.47 \pm 11.24$  years (range 11 - 89) and the mean age of diagnosis was  $42.34 \pm 13.89$  years (range: 19 - 99). Table 1 summarizes the main clinical manifestations observed in our patients. The most common manifestations were articular, dermatological and haematological. Lupus nephropathy was found in 25.1% of cases but end-stage renal disease in 05 cases only. Neuropsychiatric manifestations were noted in 25 cases (12.3%).

Majority of the patients suffered from other associated autoimmune diseases; 12.3% type 1 and 2 diabetes and 7.4% rheumatoid arthritis. Antiphospholipid syndrome (aPL) was noted in only female sex, Gougerot-Sjogren syndrome (SGS) was found in ten cases (4.9%). Other autoimmune diseases were found in 35% of cases such as: Hashimoto's thyroiditis, dermatomyositis (DPM), and psoriasis etc. The main immunological abnormalities and the frequency of the different autoantibodies assayed during this study are summarized in Table 2.

ANA testing was performed for only 174 patients, as the other patients were unavailable for blood collection. Most of the patients had 94.8% positive ANA with an appearance most often speckled (59%) or homogeneous (35%). Anti-native DNA, anti-SSA and anti-Sm antibodies were most frequently observed in 66.1%, 38.5% and 32.7% of cases, respectively. Anti-RNP was noted in 21.8% of cases and anti-SSB in 18.4%. Anti Histone, anti nucleosome, anti Ribosome and anti centromere antibodies were less frequent. Twenty-five patients (12.3%) had antiphospholipid antibodies. We found a significant correlation of anti-native DNA antibodies with several clinical manifestations as shown in table 3. A significant correlation has been established between the anti-DNA Ab and neuropsychiatric damage ( $p = 0.058$ ).

A significant correlation was also established between anti-Sm antibody and fever, cutaneous manifestations, anemia and raynaud's syndrome ( $p = 0.018$ ,  $p = 0.023$ ,  $p = 0.016$ ;  $p = 0.001$ ) respectively (Table 3). In addition, significant correlations were observed between anti-RNP, and cutaneous manifestations, malar rash ( $p = 0.022$ ,  $p = 0.055$ ), anemia ( $p = 0.009$ ) and with Raynaud's syndrome ( $p = 0.003$ ). The later also presented significant correlation with anti-SSA Ab ( $p = 0.006$ ). Another antibody has been found in association with clinical-biological manifestations, anti-SSB which significantly correlated with pericarditis ( $p = 0.052$ ), hypocomplementemia ( $p = 0.059$ ) and with primary Gougerot-Sjogren syndrome ( $p = 0.038$ ).

## DISCUSSION

Most of these clinical correlates are consistent with numerous studies<sup>12-14</sup>. SLE is a predominantly female autoimmune disease, with a female to male ratio of 9.68

in our study while this is 6 in Tunisia<sup>15</sup>, 6.1 in Lebanon<sup>16</sup> and 10 in Europe<sup>17</sup>. The mean age of attack in our study was 29.47 years which is in agreement with other literature<sup>15,17-20</sup>. A younger average age was found in Saudi Arabia (24.4 years)<sup>21</sup>, India (24.5 years)<sup>22</sup> and 25.8 years in Egypt<sup>23</sup>.

Our study confirms the clinical polymorphism of SLE in Algeria and its great similarity with other series around the world. The main manifestations studied at the time of diagnosis were cutaneous, articular, renal, hematological and neuropsychiatric. A higher frequency was found in the Moroccan population (67.4%)<sup>25</sup>, but lower in Saudi Arabia (37%)<sup>21</sup>. Lupus nephropathy, was noted in 25.1% of cases in our series. which is significantly higher in other populations, varying from 37 to

73%<sup>15, 17, 20, 22, 24,26</sup>.

A low frequency of neuropsychiatric manifestations was found in our series (12.3%) and in the Tunisian population (14.3%)<sup>15</sup>. However, in other studies the frequency was greater, varying between 20 to 52%<sup>17, 20, 21, 22, 24</sup>. In our series 63.1% of cases had anemia and 9.4% had autoimmune haemolytic anemia. This later was noted at 8% in Europe<sup>17</sup>, 7% in India<sup>22</sup> and slightly higher in North America (18%)<sup>24</sup>.

Some antibodies are useful for diagnostic purposes, for example, ANA, anti-DNA, anti-Sm and anticardiolipin (aCL) antibodies. Anti-ds DNA levels can be used to monitor overall disease activity in patients who are clinically and serologically consistent<sup>4,27</sup>. It was positive

**Table 1: Clinicat manifestations. (n=203)**

	Number of patients	%
General signs :		
Fever	21	10.3
Asthenia	83	40.9
Weight loss	38	18.7
Anorexia	19	9.4
Articular manifestation	154	75.9
Dermatological disorders	145	71.4
Malar rash	111	54.7
Photosensitivity	83	40.9
Mucosal ulcer	34	16.7
Alopecia	41	20.2
Raynaud's syndrome	52	25.6
Lupus nephropathy	51	25.1
Cardiacinvolvement	18	8.9
Pericarditis	13	6.4
Pleuritis	68	33.5
Neuropsychiatric	25	12.3
APLS	21	10.3
Ocular damage	6	3.0
Gastrointestinal	5	2.5
Haematological disorder	146	71.9
Anemia	128	63.1
AIHA	19	9.4
Leucopenia	44	21.7
Lymphopenia	65	32.0
Thrombopenia	47	23.2
Neutropenia	10	4.9
Hypocomplementemia (C3/C4)	68/97	70.1

APLS : anti-phospholipid syndrome ; AIHA : autoimmune hemolytic anemia.

**Table 2: Biological and immunological abnormalities in 174 lupus patients)**

	N	%
ANA	165	94.8
Anti-DNAn	115	66.1
Anti-Sm	57	32.7
Anti-RNP	38	21.8
Anti-SSA	67	38.5
Anti-SSB	32	18.4
Anti histone	16	9.2
Anti Ribosome	06	3.4
Anti centromere	4	2.3
Anti nucleosome	11	6.3
APL	25/203	12.3
Anticardiolipin antibody	20/25	80
aCLlgG	11/20	55
aCLlgM	9/20	45
Hypocomplementemia (C3/ C4)	68/97	70.1
Cryoglobulinemia	30/ 54	55.5

ANA: antinuclear antibodies, Anti-DNAn: anti-native DNA antibody, APL : anti-phospholipid, aCL: anticardiolipin, IgG: immunoglobulin type G, IgM: immunoglobulin type M.

in 66.1% of cases in our series, and ranged from 47% to 78% in Tunisia, Europe, Kuwait, India, North America and Brazil series<sup>15,17,20,22,24,26</sup>. The correlations that we have established with the some clinical manifestations are found in numerous studies<sup>12,28,29,30</sup>. Zonana-Nacach et al.<sup>31</sup>, found that a significantly higher proportion of patients with damage had antibodies against ds DNA than those without damage. In our study, no correlation between anti ds DNA and nephritic lupus (NP) was found. Alba et al.<sup>3</sup>, reported that ANA were positive in 99% of cases with or without nephritis, of which 68% of nephritic lupus cases were positive for anti ds DNA. Generally anti ds DNA has not been associated with NP disease activity<sup>7</sup>. A correlation between anti-ds DNA and neuropsychiatric damage was found in our study. More recently, De Giorgio et al., showed that some anti-DNA antibodies recognized the NR2A and 2B polypeptide chains, which together with the NR1 chain, form the glutamate receptor NMDA of nerve cells. In vitro, on cultured fetal brain cells and in vivo in mice, De Giorgio et al. demonstrated that these antibodies induced apoptosis of nerve cells and could induce cognitive disorders<sup>28,32</sup>. In addition, we found a significant correlation between each of anemia and hypocomplementemia respectively.

The positivity of anti-ENA varies during lupus disease, notably anti-Sm antibodies, which are detected in 10 to 30% of patients with lupus and present a high specificity for lupus<sup>4,27</sup>. A frequency equal to 32.7% was found in our series, comparable to that of North Ameri-

ca (31%)<sup>24</sup>, Tunisia (36.9%)<sup>15</sup> and higher than that noted in the European and Indian population<sup>17,22</sup>. Isenberg et al.<sup>33</sup>, showed that this incidence can vary according to the ethnic origin of the patients or the sensitivity of anti-Sm equal to 50% in black subjects compared to other populations where the anti-Sm Ab were found in less than 25%<sup>17</sup>.

Another study showed that this incidence also varies depending on the technique used for their detection. Sensitivity of anti-Sm from 3 to 7% in the European population and 30% in the African-American populations by the Ouchterlony technique respectively becomes<sup>19</sup> and 52% by the ELISA technique<sup>34,35</sup>. In Tunisia, Louzir et al.<sup>19</sup>, noted that 57% of cases had positive anti-Sm Ab in a series of 295 lupus patients. The detection of anti-Sm antibodies was carried out by counter-immunoelectrophoresis. While Haddouk et al.<sup>15</sup> used an immunodot technique and the positivity of anti-Sm Abs was at 36.9%.

Anti-RNP was found in 21.8% of our patients while a lower frequency has been noted in the European and Kuwaiti population (13%)<sup>17,20</sup>. It varied between 32.1% and 49% in the Tunisian population<sup>15,18</sup>. A significant correlation has been observed between this auto-antibody and skin damage<sup>36,37</sup>. Interestingly, anti-RNP antibodies did not correlate with presence of an overt overlap syndrome or mixed connective tissue disease (MCTD), i.e., features of SLE and inflammatory myositis. There was, however, an association with Raynaud's phenomenon

Table 3: Frequency of clinical manifestations as a function of the positivity or otherwise of auto-antibodies

Clinical manifestations	An-ti-DNAN Positive (n=115)	An-ti-DNAN negative (n=59)	P value (χ <sup>2</sup> Pearson)	Anti-Sm positive (n=57)	Anti-Sm negative (n=117)	P value (χ <sup>2</sup> Pearson)	An-ti-RNP positive (n=38)	An-ti-RNP negative (n=136)	P value (χ <sup>2</sup> Pearson)	An-ti-SSB Positive (n=67)	An-ti-SSB Negative (n=107)	P value (χ <sup>2</sup> Pearson)
Cutaneous damage	85	46	0.557	49	82	0.023	34	97	0.022	26	105	0.387
Photosensitivity	48	32	0.117	28	52	0.561	18	62	0.846	14	66	0.780
Malar rash	64	36	0.498	37	63	0.166	27	73	0.055	23	77	0.068
Fever	14	6	0.710	12	8	0.018	8	12	0.101	4	16	0.878
Articular manifestation	95	48	0.838	49	94	0.363	34	109	0.184	27	116	0.720
Lupus Nephropathy	36	11	0.075	20	37	0.094	13	34	0.258	8	39	0.777
Pericarditis	11	2	0.142	5	8	0.649	2	11	0.558	5	8	0.052
Neuropsychiatric	14	2	0.058	6	10	0.672	4	12	0.748	2	14	0.523
Haematological disorders	91	42	0.341	47	86	0.371	33	100	0.222	27	106	0.479
Anemia	84	32	0.013	45	71	0.016	32	84	0.009	24	92	0.268
AIHA	9	8	0.228	6	11	0.815	3	14	0.660	1	16	0.161
Leucopenia	29	13	0.642	15	27	0.639	10	32	0.723	7	35	0.741
Lymphopenia	43	20	0.650	21	42	0.903	14	49	0.927	12	51	0.866
Thrombopenia	30	14	0.735	14	30	0.878	11	33	0.557	5	39	0.164
Raynaud's syndrome	34	15	0.565	25	24	0.001	18	31	0.003	12	37	0.194
SGS	5	4	0.493	1	8	0.155	1	8	0.424	4	5	0.038
APLS	16	4	0.163	7	13	0.820	5	15	0.716	3	17	0.677
Hypocomplementemia	54	14	0.009	29	39	0.077	20	48	0.066	18	50	0.059

SGS: Gougerot-Sjogren syndrome

( $p=0.003$ ), which is a common but less specific feature of MCTD.

The frequency of anti-SSA was noted in 38.5% of cases, it varied during SLE from 20 to 65% depending on the different series of the literature<sup>15-20</sup>. These antibodies have a strong predictive value for the diagnosis of lupus disease, particularly for patients with positive ANA but without anti ds DNA or anti-Sm<sup>38</sup>. We found a significant correlation between anti-SSA antibodies and Raynaud's syndrome. The possible association of the anti-SSA antibody with photosensitivity in SLE patients has been a matter of controversy. Dillon et al.<sup>39</sup>, Synkowski et al.<sup>40</sup> and our study found no relation between anti-SSA and photosensitive erythema. Scopelitis et al<sup>41</sup> in a study included 88 patients, reported no relation between anti-SSA and photosensitivity and no difference in the manifestations of SLE between lupus patients with or without anti-SSA. In contrast, Mond CB et al<sup>42</sup>, in a study of 131 SLE patients; demonstrated a significant association between anti-Ro and rash photosensitivity.

Anti-SSBs are particularly frequent in primary Gougerot-Sjogren syndrome (SGS). They were found in 10% of patients with SLE<sup>42</sup>, at 18.4% in our patients, at 33.6% and 14.3% in the Tunisia<sup>15,18</sup> and at 19% in the European and Kuwaiti population<sup>17,20</sup>. Moreover, six patients of our series had positive anti-SSB and SGS associated with the lupus with a significant correlation. In addition, anti-SSB was significantly correlated with pericarditis ( $p=0.052$ ) in our study. Oshiro AC et al.<sup>14</sup> in a study of cardiac manifestations in children with SLE, demonstrated an association between cardiac manifestations of SLE and anti-La/SS-B antibodies ( $p=0.03$ ). This finding represents the first association of anti-La antibodies with cardiac manifestations of SLE in both children and adults.

## CONCLUSION

The study concludes that the auto-antibodies identified for diagnosis correlate with clinical manifestations and provide important prognostic information. Our work also highlights the high frequency of auto-antibodies in Algerians patients with SLE at the time of diagnosis. Prospective multicentre approach involving more patients is required to estimate the prevalence of auto-antibodies and to define more accurately prognostic factors associated with the disease.

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### CONTRIBUTORS

BNM conceived the idea, wrote initial manuscript, collected and interpreted data and finalized the draft. ZK and KK helped correction of the proposal, literature search, data collection, interpretation and overall supervision of the project. HN, BBM and HST provided technical support, helped in data interpretation and provided expert guidance where needed. All authors contributed significantly to the submitted manuscript.